

C3 For Success

Join Rapid Evolution's Confidential Coaching Circle (C3) for Mid-Career Women Attorneys

Join an eight week program with a select few fellow mid-career women attorneys to master the skills and strategy you need to succeed by engaging in a structured, one-hour weekly virtual coaching group led by former law firm partner and certified executive coach Nan Joesten.

What You'll Learn



It's Not About You! Use Appreciative Inquiry to keep from internalizing the challenges that women almost universally face in advancing through the legal profession.

Develop Your EQ to Boost Your Success. Understand the competencies underlying Emotional Intelligence, and strategize how to deploy your strengths to reach your key goals.

Getting Tapped By The Internal Leadership Fairy. Recognize how to advance in your organization's leadership, including the role of sponsors & how you can attract them.

Having Difficult Conversations. Apply the IDEA model & Assumption Ladder to convey unwelcome news or constructive criticism that is helpful, direct, and understood.

Personal Business Plans. Apply strategic planning to your own career, and map out your 1-, 3-, and 5-year goals, and the steps you must take to achieve them.

Be Like A Postage Stamp, Stick 'Til You Get There. Learn how to create your own personal Board of Directors to support and encourage your career using the principles of Master Mind groups.

What You'll Do



Group Coaching. Join six weekly 60-minute conference calls with six mid-career women attorneys* for Nan's presentation on that week's topic, and discuss your personalized action steps to reach your goals. (Weeks 1 - 3 & 5 - 7).

Self-Assessment. Take an online assessment and receive your personalized Spectrum 260® CPI Coaching Report for Leaders, identifying strengths and weaknesses in Emotional Intelligence leadership competencies.

Homework. Complete short assignments each week, and share action plans and status with fellow participants in between calls to create a built-in accountability loop.

Private Coaching. Receive two one-hour private coaching sessions with Nan during Weeks 4 & 8 in place of the group coaching call those weeks.

Strategic Plan. Incorporate the learnings and tools from the coaching sessions to create your personal strategic plan for the next six months, and get feedback from group participants on your plan.

About Nan & C3



What Clients Say About Nan

"Your work with me has definitely changed my style and the way that I look at being a leader. You have been a great mentor and I will carry what I learned with me throughout my career."

Words of Wisdom

"Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you too can become great."

Mark Twain

Logistics

Tuesdays, 11 a.m. – Noon, PST
April 30 - June 18, 2013
\$975

Questions or to Register:



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*one woman per firm and city